

FORGING THE FUTURE:



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Friday FACTS

27 January 2006

"Leadership, Partnership, and Championship"

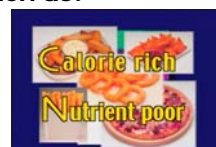
USACHPPM Video News



The US Army Health Promotion (USACHPPM) office has video clips available, similar to the Navy's Daily News Update video clips, which you can use. A variety of health Promotion topics are covered in the USACHPPM video clips, such as:



Energy Density Foods
Too Many Calories, Too Few Nutrients
Beware of the Disclosure Statement
Fruits and Vegetables
Identification and Selection of Whole Grains



To view these videos over the internet, you can choose one of the three formats: "Real Media", "Quicktime" or "Windows Media". Click on the link below to start viewing the video clips: <http://chppm-www.apgea.army.mil/videonews/>

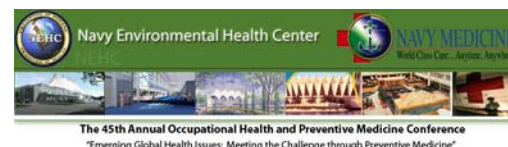


NEHC Conference Provides Opportunity to Give Input and Gain the "Inside Scoop" on Navy Health Promotion Issues and Priority Areas

Have you been waiting for an opportunity to share your ideas and concerns, and find out what's *really* going on in a particular Navy Health Promotion priority area? If so, mark your calendar and plan to attend the Opening Session of the Health Promotion Track at the 45th Navy Occupational Health & Preventive Medicine Conference (NEHC Conference). This session is scheduled for Monday, 20 March 2006, 1300-1640, beginning with a brief welcome from BUMED and NEHC Health Promotion staff. Then join us in recognizing and congratulating the recipients of this year's Command Excellence in Health Promotion Awards. The remainder of the afternoon will be Roundtable Discussions facilitated by subject matter experts who want to elicit your ideas, give you the opportunity to express your concerns, and share information in the areas listed below. There will be four (4) 30-minute Roundtable Discussion sessions, giving attendees the opportunity to participate in four out of the eight discussions.

Navy Health Promotion Awards- Bob MacDonald
Health Promotion Training Opportunities- Sally Vickers, Bill Calvert
Physical Fitness- Diana Settles
Tobacco Use Cessation and Prevention- Alverine Mack, CAPT Mary Kline, Mark Long, CAPT Larry Williams
Injury Prevention- Dr. Chris Rennix, Dan Trone
Nutrition- Lori Tubbs, CDR Karen Al-Koshnaw
BUMED Health Promotion- CDR Pat Dorn, LCDR Angelia Thompson
Evidence-based Best Practices- Steve Heaston

For registration and other information about the NEHC Conference, go to:
<http://www-nehc.med.navy.mil/conference06/>



The worst bankrupt in the world is the man who has lost his enthusiasm. Let a man lose everything else in the world but his enthusiasm and he will come through again to success.

- H. W. Arnold

Navy Releases Suicide Prevention Program Instruction

The Chief of Naval Operations released OPNAV INSTRUCTION 1720.4 on 28 Dec 2005, providing policy and procedures, and assigning responsibilities for the Navy's Suicide Prevention Program. Provisions of the instruction apply to all active and reserve Naval components within the DON. The instruction can be viewed at: http://neds.daps.dla.mil/Directives/1720_4.pdf